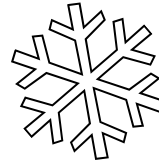


To: Modified Rowers



Re: Winter Training

Dates & Days:

Jan 2, 2012 through March 29 : Monday, Wednesday, Thursday

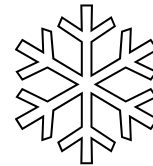
Time:

5:00pm to 6:30pm (roster will be forwarded so carpools can be arranged)

Location:

Store located next to TD Bank in Shopper's World Plaza

Drop off and Pick up in rear parking lot. Shen Crew Sign will be on door.



Cost: \$250 (2<sup>nd</sup> Rower Price \$187.50)

Coaches( will alternate):

Drew Kroft

Sean O'Brien

Registration:

NO PAPER! Look for email regarding ONLINE REGISTRATION on Dec 15<sup>th</sup>.

Payment can be mailed to: Ellen Sherry

27 Casablanca Ct

Clifton Park, NY 12065 or placed in dropbox at this address

If you have any questions, please email me at [emsherry@nycap.rr.com](mailto:emsherry@nycap.rr.com) or call me at 369-4748.

