

Town of Clifton Park

**2016 Shen Crew Club Summer Learn to Row:**

The Summer Learn to Row Camp Rowing is a sport that builds character, physical strength, endurance, coordination, self-confidence and cooperative skills. It is the ultimate walk on sport. During the summer new rowers are introduced to the sport and experienced rowers work on their technique.

Two week sessions are available through the Town of Clifton Park:

Register through [www.cliftonpark.org](http://www.cliftonpark.org) and click on the Entertainment and Recreation Summer brochure.

We welcome students ages 11-18 (entering grades 6 and up).

Many rowers return in the fall to row with the Shen Crew Club.

**All rowers must pass a swimming proficiency test that is offered the first Monday evening of each two week session at the Locust Lane Pool.**

<b>Date:</b>	June 27 – July 8	Session 590 1
	July 11- July 22	Session 590 2
	July 25– Aug 5	Session 590 3
	Aug 8 – Aug 19	Session 590-4

**Time:** 9am to 12:00pm Monday – Friday

**Fee:** Initial Two Week Session \$120  
Each additional Week \$50

**Site:** Shen Crew Boathouse,  
Maritime Avenue, Alplaus

**Director:** Shen Crew Head Coaches:  
Sean O'Brien and Michael Gilbert