



Your Capital Central Network

- CapitalCentral.com
- TroyRecord.com
- OneidaDispatch.com
- Saratogian.com
- SpiritofSaratoga.com
- RomeObserver.com
- LifeandTimesofUtica.com
- CNweekly.com
- All Publications

Saratoga Springs, NY




M/CLOUDY  
65°F

Enter City or ZIP:

Go

marketplace

- Jobs
- Real Estate
- Cars
- Shopping
- Special Sections
- Classifieds
- Place An Ad
- Yellow Pages
- SERVICES**
- Subscribe
- EZPay
- EZPay Form
- Photo Reprints
-  RSS
- MEMORIES**
- Submit Engagement
- Obituaries
- Submit Wedding
- Submit Anniversary

**Friday, May 23, 2008**

Posted on Sun, May 11, 2008

Zoom + | Zoom -

# HS crew: Hard work, shorter days

By STAN HUDY, The Saratogian

SARATOGA SPRINGS —The goal for crew teams competing Saturday at this weekend's New York State Scholastic Rowing Championships is to advance to today's final while saving as much energy as possible.

The quickest way to the finals this year is to win your 1,500-meter sprint race on Fish Creek and advance directly to the final, avoiding a re-row or second-chance heat called a repechage. Twenty-one Saratoga County crew entries took the short way towards a state title, advancing directly out of the heat races.

Saratoga Rowing Association placed seven different boats directly into the state finals and added another after the boys junior four rowed their way to a first-place finish in the semifinals in five minutes, 11.50 seconds. Due to the number of entries, 21 boats raced a time trial with the top 12 advancing to the semifinals. The Saratoga junior four placed second in the time trials.

Saturday's highlight included

the SRA's senior eight, pulling a new crew record of 5:01.28, advancing to the state final. Advertisement

Saratoga also added the girls second eight, freshman eight and freshman four into the finals along with the boys freshman eight entry.

The Saratoga girls lightweight double of Vanessa Dean and Casey Stein placed second in their heat, but also advanced with the Albany Rowing Center entry. They will be joined by teammates Jon Bossalini and Jon Braga in the boys lightweight double.

The afternoon also saw the addition to a new rowing program in the state finals when Ryan Allen and Eric Newton took first place in their boys junior double heat, placing a Ballston Spa entry into the state final.

The Burnt Hills Rowing Association showed continued progress as another powerhouse within the county, placing six different boats directly into the final, all in the challenging eights category.

The Burnt Hills boys and girls teams hit the rowing trifecta, placing its senior, second and freshman eights in each state final, all with only seven entries in the entire regatta.

The Friends of Shenendehowa Crew, Inc. has to pride itself on its six entries, advancing into the state final, all without the assistance of a permanent coach.

Shen's small boat entries into the state finals include Ian Fisher in the senior single, the girls lightweight double of Abby Knight and Lauren Boudreau advanced along with Jared Benway and Chris Ehler in the boys race. They'll be joined by Peter Lyden and Murtaza Zavery in the boys senior double.

Racing gets underway at 7:30 a.m. this morning with the first finals being contested at 10:30 a.m. and scheduled to be completed by 4:30 p.m.

For complete results, see page 4B

**Refinance and Save \$1,000S**

\$150,000 Mortgage for \$483/month. Compare up to 4 free quotes.  
[www.pickamortgage.com](http://www.pickamortgage.com)

**Refinance \$300,000 for Only \$965/Month**

\$300,000 Mortgage for only \$965/month. Save \$1,000's - No obligation.  
[www.HomeLoanHelpLine.com](http://www.HomeLoanHelpLine.com)

**Free Credit Report with All 3 Scores**

Free 3-bureau Credit Report – includes Transunion, Equifax, Experian.  
[FreeCreditReportsInstantly.com](http://FreeCreditReportsInstantly.com)

**ysmronpremium**

Getting the lowest rate? Compare multiple quotes from top companies.  
[www.insurance.com](http://www.insurance.com)

great company seeks great employee.  
[help them find you.]

Post your resume today because every day thousands of employers search on Yahoo! HotJobs

**YAHOO! hotjobs**

Ads by Yahoo!