

## **Upcoming Dates:**

**March 18** – Freshman/Varsity – Erg-a-thon @ healthplex - CANCELLED

**March 21** - Board Meeting – 7:00 Gowana Library

**March 22** – SPAC Summer Concert training for new volunteers

**April 1** - Parent Meeting at boathouse

**April 10** – Mod Spring Season begins - **Online Registration now open!**

Note – Newsletters will move to every other week during winter season moving to weekly after parent meeting.

## **Mohawk Meltdown Results**

On Saturday March 4th a handful of our athletes tested their training and competed at the Mohawk Meltdown indoor erg race. Great job to all of our rowers!! Results below:

### Girls 7th Grade (4 minute race)

Sara Taylor 5th place out of 19 (941 meters)

### Girls 8th Grade (4 minute race)

Kaylie Leonard 1st Place out of 18 (1046 meters)

Stasia Slepski 5th Place out of 18 (982 meters)

Grace Barber 7th place out of 18 (959 meters)

### Boys 7th Grade (4 minute race)

Austin Grattan 2nd Place out of 19 (1058 meters)

Duncan Brown 5th Place out of 19 (964 meters)

### Boys 8th Grade (4 minute race)

Benjamin Wilson 3rd place out of 17 (1066 meters)

Chip Ferraioli 16th place out of 17 (864 meters)

### Boys High School Varsity Lightweight (2000m race)

Mike Campone 1st Place out of 23 (6:31.7)

Trevor Christopher 22nd Place out of 23 (7:54.9)

### Boys High School Varsity (2000m race)

Seth Ryan 2nd Place out of 8 (6:37.7)

## **Spring Crew Registration time**

**Online registration for all teams has begun and first payments are already due!**

**Please visit Shen crew site and click on registration tab to confirm your child's spot.**

**HS athletes:** All students should be registered by 3/6/17. Spring pricing has been set at \$830 (spread over 3 payments) for the season plus any fundraiser buyouts, and includes tuition, bus transportation to practice, local regatta fees, and includes a 2 day travel regatta to Stotesbury; as always; rowers/coxswains who qualify for select regattas occurring after Stotesbury may incur additional fees.

Practice will start at Healthplex and weather will determine the shift to the boathouse.

**MOD athletes:** Spring Season Starts Monday, April 10th. Reminder the Winter Training season for Mods runs Jan 3<sup>rd</sup> – March 24<sup>th</sup> and there is a two week break for Modified between seasons. Mod Spring Registration is now open and will be first come first serve for a place on bus. Please use the link on the Registration page and register your rower.

This is a CHANGE from previous years: each season will require online registration to generate rosters. But we think you'll find it is much easier than filling out the paper forms, even just once, so please register your rower now. Mod Spring 2017 price is \$490. First payment of \$300 is due on Friday, March 31st, and the final payment of \$190, plus any buyouts, will be due on Friday, April 28th.

For all rowers: Payments should be mailed to FOOSC c/o Nancy Paulsen, 8 Gleneagles Blvd, Malta, 12019; there is also a box on the front porch if you'd prefer. Once the boathouse opens for spring practice, the lockbox will be available for payments. Thanks for your timely payments!

### **Food Tent Committee – asking for volunteers:**

We are looking for volunteers to help re-organize how we handle the food tent. Key questions to tackle:

- how do we want to handle shopping
- what jobs do we need
- tent responsibilities
- what approach should we take for overnight travel regattas
- food allergy awareness
- menu planning

It is expected that the committee will first meet in early March, with follow-on meetings as-needed to work through the overall details. If you want the food tent to continue, please come help us plan. Contact Jon Slepski if interested

[jonslepski@shencrewadmin.com](mailto:jonslepski@shencrewadmin.com)

### **Stotesbury Regatta (Varsity & Freshman):**

We will be traveling to the Stotesbury Cup Regatta in Philadelphia May 18-20. Parents who are interested in reserving rooms may use the following link to obtain the Shen Crew Link for price \$109/night (Must book by 4/27/17 then rooms will be released): [Book your group rate for Shen Crew Parents](#)

### **SPAC Summer Concerts – Training session NEXT WEEK**

Shen crew will be participating in the SPAC summer concert program again this summer (June, July, August & Sept) where parents will be manning the concession stands during live nation events and all proceeds will go towards the Shen Crew equipment fund for 2018 purchases. The club would receive either \$9.50/hr/person or 10% of the sales, whichever is greater. It's a great deal for us and for SPAC, who not only get reasonable labor but also a tax break for working with non-profit groups, a true win-win scenario. A full list of concerts and sign up will come later this season. WE NEED AS MANY PEOPLE AS POSSIBLE TO VOLUNTEER! (Note – last year Shen Crew earned over \$7,700 for the equipment fund by participating in these events.) If you have qts, please email Rob Partlow at [crew@partlow4.com](mailto:crew@partlow4.com).

**New SPAC Volunteer Training** is on **March 22, 6:00pm – 8:30pm** at St. Edwards Church in Clifton Park. Those who had successfully completed the training last year (spring 2016) are not required to attend. Since last year was our first year only new SPAC volunteers will be required to train. There will be multiple organizations attending the training which is mandatory to work for Legends/Live Nation/SPAC.

### **President's Volunteer Service Awards Program**

With the start of a new year we wanted to remind everyone of a program that all Shen Crew members are eligible to participate in. Examples of how to qualify would be if you

volunteer at your church, for The Captain Family service org, a Food Kitchen, or during summer volunteer to help coaches with summer rowing program – it all counts! You may already be volunteering for the National Honor society at these types of organizations so why not get credit here too?! Presidential recognition sets you apart from your peers. For Teens age 11-15: Bronze medal is 50-74hrs, Silver 75-99hrs and Gold medal is 100+ hours. We present and recognize award winners at the Fall Banquet since hours run from Oct 1- Sept 30<sup>th</sup> each year. This is something the students can put on their transcripts when applying to college so we'd love to have more members get involved. Past winners have been: Virginia Partlow (Gold 2014, 2015 & 2016) and Brenna Hanratty (Bronze 2016). We want to add more members to the list. To learn more please check out the website at <http://www.presidentialserviceawards.gov/>

It's as easy as 1-2-3:

1. [Register](#) and complete a profile.
2. Enter the Shen Crew ROS key **TVB-62146** to link your profile to our program.
3. Record your volunteer hours and activities to track your progress towards a bronze, silver, gold, or Lifetime Achievement President's Volunteer Service Award.

### **Clynk bottle redemption**

Exciting news – Hannaford stated that Shen Crew is the #1 Clynk fundraising group in NY! We will be continuing Clynk in spring and rolling out a new tracking version at parent meeting. Save your bottles if you don't yet have Clynk bags.

### **Monthly Board of Directors Meeting**

Monthly meetings are typically held on the third Tuesday of each month (unless school vacation weeks) 7:00 – 9:30 pm. While the meetings are open for all to listen, Public Comment period begins promptly at 7:00, ending at 7:30. All are welcome and encouraged to attend. Your input is a valuable source to continue to foster a positive nurturing environment and experience the tradition of Crew. (Meetings held in Gowana Café or Library, check location on the website and/or on top of this newsletter to confirm).

**Please do not reply to this message. Replies to this message are routed to an unmonitored mailbox. If you have questions please go Shen crew contact page for the appropriate recipient or email your liaison above.**  
[www.shencrew.com/contact.php](http://www.shencrew.com/contact.php)

[www.shencrew.com](http://www.shencrew.com)